

KAIKORAI VALLEY COLLEGE



HEALTH PROCEDURE

PURPOSE

1. To help students enjoy good levels of self esteem.
2. To help students adopt sensible lifestyles.
3. To help students enjoy positive relationships
4. To encourage students to eat wisely.
5. To encourage students to take part in physical activities.
6. To ensure students are aware of support agencies.
7. To ensure students are aware of community health issues.

GUIDELINES

1. The Health Education teacher, in consultation with the senior management team, will oversee a holistic approach to Health Education in the classroom.
2. The Health and Safety Committee will oversee general physical health and safety issues.
3. A range of Transition to Work, Peer Support, Health and other guidance programmes will be run.
4. Appropriate staff training will be identified and sought.
5. Information about Health and Welfare issues will be provided to the students.
6. Ongoing discussion and review of procedures will be carried out.
7. Appropriate resources will be obtained where required.
8. The Student Council will be encouraged to play a full role in facilitating the health needs of students.
9. Community consultation about our programmes will be undertaken as appropriate and formally at intervals of no greater than two years as required by the Ministry of Education. (Sept 2022)
10. Appropriate outside agencies will be used to help meet individual student needs and certain group programme needs. Such organisations will be expected to operate within the school's policies and procedures.
11. Refer also to Alcohol, Smoking and Other Drugs Education Safe School Policies.
12. Safe sun guidelines will be followed.

Date of Confirmation by the Board of Trustees	09 September 2009
Date of Confirmation by the Policy Group	09 September 2009
Reviewed	09 September 2009
Reviewed	07 December 2011
Changed to a procedure	27 March 2013
Reviewed	04 March 2015
Reviewed	03 March 2018
Next Reviewed	03 March 2024